

ADVERT ID 248342

General

Threshold Training network

Unit 17 - 19 Tallaght Enterprise Centre Main road Tallaght D24YP7K
<https://www.thresholdtraining.ie/>

MAIN DETAILS

Status: Active
Level: Other Education
Date Posted: Tue Feb 17 2026
Application Closing Date: Mon Mar 23 2026
Commencement Date: Mon Apr 20 2026
Status of Post: Part-Time
Number of Vacancies: 1

POST DETAILS

Title:

Trainer - Education and Mental Health Support (Adult Education)

Description:

A GREAT OPPORTUNITY FOR AN INDIVIDUAL WHO HAS A KEEN INTEREST IN ADULT FURTHER EDUCATION AND TRAINING AS WELL AS IN MENTAL HEALTH AND WELLBEING INITIATIVES TO DEVELOP, CO-ORDINATE AND FACILITATE OUR TRAINING AND WELLBEING PROGRAMMES.

Might you have the qualifications and skills that you can share with our participants to benefit their training and wellbeing?

Do you have experience as a Trainer for QQI Level 3 and Level 4 modules?

Do you have experience facilitating mental health awareness and recovery and or wellbeing initiatives and or workshops?

Do you have a natural coaching approach and can support/motivate individuals to reach/connect with their untapped potential?

Do you appreciate support in your work as well as a degree of autonomy?

If this aligns with you, please send us your cover letter outlining how it does. and also include your up to date CV .

ABOUT THRESHOLD TRAINING NETWORK Despite having the word Threshold in our name we are not associated with the Housing Organisation! Instead we are an organisation based on the main road in Tallaght Village that offers support for MENTAL HEALTH AND WELLBEING through training and education. Our education programmes, are on the national framework of qualifications at QQI level 3 and 4. We also run a wellbeing programme comprised of wellbeing initiatives such as wellbeing workshops in addition to wellness recovery coaching at the centre. We are recognized by Dublin and Dun Laoghaire Education and Training Board (DDLETB), our main funder, as a Specialist Training Provider for our education programmes. TTN also receives grant support from the HSE for our wellbeing activities.

OVERALL PURPOSE OF THE ROLE The overall purpose of the Education and Mental Health Support Trainer at TTN is outlined below however the main duties and responsibilities fall into the two key areas of QQI Training and education as well as mental health recovery and learner support.

- * Provides a key role in ensuring mental health recovery values and practices are woven throughout all TTN's services
- * Delivers two Modules at level 3 and Level 4 to QQI standards for adult learners registered in the TTN programmes
- * Develops, Coordinates and Facilitates wellbeing activities for learners and or workshops for TTN participants and the community.
- * Manages and carries out the Individual Learning Plans (ILPs). Meet with learners 1-1 once a month to complete their ILP's reviewing their goals and collaboratively set SMART goals. *
- * Leads grant applications for wellbeing initiatives

* Part of the team that ensures the smooth running of all services in the Centre, nurturing a philosophy of wellness recovery, to empower those attending it's services to embrace personal change and manage their wellbeing for better quality of life.

QUALIFICATIONS AND WORK EXPERIENCE * Bachelors degree or above essential (NFQ 7 or above) in training and education, social care, social work, counselling, psychology or similar

* 2 years minimum experience in Adult Education and Training, wellbeing and or mental health support role is desirable

* QQI level 6 qualification in facilitation and training, such as Train the Trainer

* Corú registration is desirable but not essential

SKILLS AND PERSONAL CHARACTERISTICS * Knowledge and understanding of the challenges people face with mental health as well as mental health recovery * A coaching approach when working with people one to one * Facilitation skills * Excellent organization skills with the ability to devise systems and ways of working * IT proficiency and Microsoft Office skills * Ability to work well within a team but also ability to motivate, develop and direct people

WORKING REQUIREMENTS and CONDITIONS Part time 22 hour week - exclusive of ½ hr lunch break

Hourly rate €20 to € 22 an hour (Annual salary part time €22K to €25K commensurate with experience)

Part time over four days a week: Tuesday to Friday

Hours: Tuesday & Wednesday 9.30 am – 5 pm Thursday 12.30 pm to 5 pm Friday 9.30 am to 2 pm

Pension scheme

APPLICATION REQUIREMENTS

- Letter of Application
- CV (Digital)

Applications may be submitted by

- Email

APPLY TO THIS JOB VACANCY

Apply To: recruit@thresholdtraining.ie

Located in
Tallaght Enterprise Centre
Main Road Tallaght
Tallaght Village
Dublin 24

County: Dublin

Postal District: Dublin 24

Enquiries To: recruit@thresholdtraining.ie

Website: <https://www.thresholdtraining.ie/>

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